



NUTRITION FACTS		
Nutrition facts About 3 Servings per Container Serving size: 3/4 cup (140 g)		
	% Daily Valu	
Total fat 6g	8 %	
Saturated Fat 0g	0 %	
Trans Fat 0g		
Cholesterol 0mg	0 %	
Sodium 580mg	25 %	
Total Carbohydrate 44g	16 %	
Dietary Fiber 1g	4 %	
Total sugar 1g		
Includes 0g Added Sugars	0 %	
Protein 4g		
Vitamin D 0mcg	0 %	
Calcium 10mg	<2 %	

NUTRITION FACTS

INGREDIENTS
WATER, RICE, TOMATO (Solanum lycopersicum). YEGETABLE MIX (CARROT, PEA AND CORN), ONION. (AIIUm cepa). YEGETABLE OIL (NON-HYDROGENATED VEGETABLE OIL FROM CANOLA AND PALM, OIMETHYLPOLYSILOXANE AS DEFOAMING AGENT AND ANTIOXIDANTS (TBHQ AS ANTIOXIDANT <0.02% AND CITRIC ACID AS ACIDULANT <0.003*5()). ICOIZED SALT, PARRIKA AS NATURAL COLORING, AND GARLIC (Allium sativum).

INGREDIENTS

ALLERGENS

llium sativum).

The product is free of all priority food allergens identified. Mi Pueblito Tierra Buena S. A. de C.V. has an allergen control program to prevent cross-contamination of the product with allergens.

NUTRITION FAC	TS	INGREDIENTS	
Nutrition facts About 122 Servings per Container Serving size:1/2 cup (130 g)		WATER, PINTO BEANS (Phaseolus vulgaris), ONION (Allium cepa), VEGETABLE OII (NON-HYDROGENATED	
Calories	190	VEGETABLE OIL FROM CANOL AND PALM DIMETHYLPOLYSILOXANE A	
% Daily Value*		DEFOAMING AGENT AND	
Total fat 4g	5 %	ANTIOXIDANTS (TBHQ AS ANTIOXIDANT <0.02% AND	
Saturated Fat 0g	0 %		
Trans Fat 0g		CITRIC ACID AS ACIDULAN	
Cholesterol 0mg	0 %	<0.003%)), IODIZED SALT AND GARLIC (Allium sativum).	
Sodium 670mg	29 %		
Total Carbohydrate 37g	13 %		
Dietary Fiber 7g	25 %	1	
Total sugar 1g			
includes 0g Added Sugars	0 %		
Protein 10g		ALLERGENS	
Vitamin D 0mcg	0%	The product is free of a priority food allergen identified. Mi Pueblito Tierr Buena S. A. de C.V. has a	
Calcium 55mg	<2%		
fron Omg	0%		
Potassium 650mg	14%		
"The '4, Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily det. 2,000 calories a day a- used for general nutrition advice.		allergen control program to prevent cross-contamination of the product with allergens.	

INSTRUCTIONS FOR USE

21 CFR 101 -FDA

place in the refrigerator 12 hours before consuming. Instructions for use: 1. Remove container lid. 2. Detach the film from th instructions for use: 1. Remove container ild. 2. Detach the film from the container. 3. Cover loosely container, heat in the microwave at intervals of one to two minutes, stir the product between intervals. Continue process until desired temperature is reached. 4. Serve to taste and enjoy. Keep frozen (0 °F). Once thaved, is validity for 15 days. Don't refreeze.

The product is not designed for consumption in a frozen state.

INSTRUCTIONS FOR USE

21 CFR 101 -FDA

nstructions for defrosting: 1.-Remove the product from the freezer and place in the refrigerator 12 hours before consuming. instructions for use: 1. Remove container lid. 2. Detach the film from the instructions for use: 1. Remove container itd. 2. Detach the film from the container. 3. Cover loosely container, heat in the microwave at intervals of one to two minutes, stir the product between intervals. Continue process until desired temperature is reached. 4. Serve to taste and enjoy. Keep frozen (0 °F). Once thawed, is validity for 15 days. Don't refreeze.

The product is not designed for consumption in a frozen state.