



Nutrition

Serving Size: 2/3 cup (91g)  
Servings per container about 100  
Calories: 90

	Amount per serving	% Daily Values
Total Fat	2g	3%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrates	16g	6%
Dietary Fiber	2g	7%
Total Sugars	8g	
Includes 0g Added Sugars		0%
Protein	3g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.2mg	2%
Potassium	200mg	4%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients  
CORN.

Simplot Simple Goodness™ - Cut Corn, Simply Sweet®

Simplot Simple Goodness™ Classic Vegetables offer the classic flavors and consistent blends that customers love. We do all the washing, slicing and trimming, so you get only 100% useable product and 0% waste. Our Simply Sweet variety offers sweet taste with extra tender kernels.

Product Specification

SKU	10071179187097
Pack	1/20lb
Brand	Simplot Simple Goodness™
Gross Weight	21.5lb
Net Weight	20lb
Country of Manufacture	US
Halal	N
Kosher	Y
Vegan	Y
Vegetarian	Y
Low Fat	Y
Low Sodium	Y
Zero Grams Trans Fat	Y

Shipping Information

Length	in
Width	in
Height	in
Case Cube	0
TixHi	15X7
Shelf Life	730 Days
Storage Temp From/To	-10°F / 10°F

Benefits

- Farm-fresh, super sweet variety corn
- Reduces costly labor—no shucking or cutting
- Compare to raw trim loss of 72%
- No paying for drainage like canned
- Easy preps and excellent hold times

Serving Suggestions

This versatile ingredient is recipe-ready for sides, pastas, salads, soups and chowders, salsa, and more.

Preparation Instructions For Food Safety And Quality

REMOVE DESIRED AMOUNT OF VEGETABLES FROM CASE (OR BAG) AND HEAT TO 165°F PRIOR TO SERVING FOR FOOD SAFETY AND QUALITY.