



### Nutrition

Serving Size: 1 cup (97g)  
Servings per container about 94  
Calories: 30

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	95mg	4%
Total Carbohydrates	4g	1%
Dietary Fiber	2g	7%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	3g	
Vitamin D	0mcg	0%
Calcium	120mg	10%
Iron	1.6mg	8%
Potassium	340mg	8%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

**Ingredients**  
SPINACH.

# Simplot Simple Goodness™ - Cut Leaf Spinach, IQF

Simplot Simple Goodness™ Classic Vegetables offer the classic flavors and consistent blends that customers love. We do all the washing, slicing and trimming, so you get only 100% useable product and 0% waste. This IQF cut-leaf spinach has lower moisture content than our wet pack products.

### Product Specification

SKU	10071179913337
Cut Size	1"
Pack	1/20lb
Brand	Simplot Simple Goodness™
Gross Weight	21.5lb
Net Weight	20lb
Country of Manufacture	MX, US
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Low Fat	Y
Low Sodium	Y
Zero Grams Trans Fat	Y

### Shipping Information

Length	17.125 in
Width	10.375 in
Height	9.375 in
Case Cube	0.964
TixHi	10X5
Shelf Life	720 Days
Storage Temp From/To	-10°F / 10°F

### Benefits

- Individually quick frozen for easy portioning
- 18% higher yield than wet pack
- Reduces costly labor—60% less prep time than wet pack, just heat and serve
- Good source of Vitamins A and C

### Serving Suggestions

Farm-fresh leaves ready to use in recipes or as a colorful side dish. With lower moisture than wetpack, a perfect ingredient for creamed spinach, artichoke dip, baked goods and more.

### Preparation Instructions For Food Safety And Quality

REMOVE DESIRED AMOUNT OF VEGETABLES FROM CASE (OR BAG) AND HEAT TO 165°F PRIOR TO SERVING FOR FOOD SAFETY AND QUALITY.