



GFO, Inc. (Gluten Free Oats)
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Finished Product Specifications:

Old Fashioned Rolled Oats – Conventional (Traditional), Gluten Free
Item # - 21OLDROLLED, totes / 12150 OLDROLLED, 50 lb bag / 12125OLDROLLED, 25 lb. bag

Product Description:

- This product is manufactured from dehulled, cleaned, sound, 100% US #2 heavy oats or better, and processed under sanitary conditions in accordance with Good Manufacturing Practices and requirements of the Federal Food, Drug and Cosmetic Act.
- Every field is inspected by GFO, growers, or a third-party inspection service.
- All oats are cleaned, rolled, and packaged in a gluten free, organic, non-GMO and Kosher (pareve) certified facility.
- This product contains none of the top 8 allergens, additives, genetically modified ingredients, and has not been irradiated or had contact with sewage sludge.

Physical/Chemical Properties:

Test		Specification
Average Flake Thickness		.024" ± .006"
Rejects		≤10 per 100 grams
Finished Moisture		8% - 12.5%
Lipase Activity		Negative
R5 Test Kit		≤ 10 ppm
Granulation on:	US #7	85%-95%
	US #10	5%-10%
Pan		<5%

Microbiological Properties:

Test	Specification
Total Plate Count (APC)	< 150,000 MPN/g
Yeast	< 500 CFU/g
Mold	< 500 CFU/g
Coliforms	< 1,000 MPN/g
<i>E. coli</i>	< 10 CFU/g
<i>Salmonella spp. Once/month 375g X 2</i>	Negative
<i>Vomitoxin (DON), 1 sample Tested Annually</i>	<1 ppm
<i>Aflatoxin, 1 sample Tested Annually</i>	<20 ppb
<i>Ochratoxin, 1 sample Tested Annually</i>	<20 ppb
<i>Pesticides Tested Annually</i>	Within FDA regs
<i>Heavy Metals Tested Annually</i>	Within FDA regs

Nutrition Facts	
____ servings per container	
Serving size	____ (40g)
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 28g	10%
Dietary Fiber 5g	18%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1mg	6%
Potassium 110mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Oats, 100% Whole Grain
Made in the USA

Naturally occurring oat crop variations and growing conditions may result in deviations from these specifications.
Due to limitations in the milling processes, small rocks and similar sized objects may be present in this product.

Certifications:

Tested. Trusted.



Shelf Life and Storage:

- Best before 24 months if stored out of direct sunlight, away from extreme heat, excessive moisture, and strong aromas.
- Pests are naturally attracted to oat products. If you plan on long term storage, a cool, dry location free of pests is recommended.

Allergen	Present in Factory	Potential for cross-contamination	Potential in finished product
Gluten	No	No	≤ 10 ppm Gluten
Wheat	No	No	No
Dairy	No	No	No
Egg	No	No	No
Tree Nuts	No	No	No
Peanuts	No	No	No
Fish	No	No	No
Shellfish	No	No	No
Soy	No	No	No
Mustard	No	No	No
Sesame	No	No	No
Sulfites	No	No	No
Celery	No	No	No
Lupin	No	No	No

Appropriate for the following dietary needs:

Celiac or Gluten Intolerant
Nut or Peanut Allergies
Vegan
Heart Healthy
Diabetes
Lactose Intolerant
Kosher (Certified)
Halal*

*100% oat products, as cereal, are naturally suitable for Kosher and Halal practices.

Lot Code Explanation:

Lot # XXXY.123.4.567

XXX=Julian Date when the Manufacturing Order was created

Y = Year (i.e. 1 = 2021)

123 = Pallet #

4 = Container Size (i.e. 0 = Tote, 1 = 50 lb. bag)

567 = Product (i.e. 001=Traditional Rolled Oats, 002=Organic Rolled Oats)

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