

Chopped Broccoli



Pack and Case Specifications

Case Dimensions: 13.5 x 11.5 x 8.75
Case Gross Weight: 22 lbs
Net Weight: 20 lbs
Pack: 20#
Cases per Pallet: 50

Ingredients

broccoli

Product Specifications

35% Head Material
10x10x10mm dice
65% Stalk Material
10x10x10mm dice

Allergen Statement

No ingredients associated with major food allergies are present, or used in the production line.

Storage

Store in freezer at 0°F (-18°C) or below. Keep frozen until ready to use. Do not refreeze after thawing.

Origin

Ecuador

Product Codes

Nutrition Facts

Serving size 1 cup (156g)

Amount Per Serving

Calories 40

% Daily Value*

Total Fat 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg 0%

Sodium 35mg 2%

Total Carbohydrate 8g 3%

Dietary Fiber 4g 14%

Total Sugars 2g

Includes 0g Added Sugars 0%

Sugar Alcohol 0g

Protein 4g 8%

Vitamin D 0mcg 0%

Calcium 87mg 6%

Iron 1.5mg 8%

Potassium 331mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.