

Chopped Broccoli



Pack and Case Specifications

Case Dimensions: 9.25 x 11 x 15.5
Case Gross Weight: 26 lbs
Net Weight: 24 lbs
Pack: 12/2#
Cases per Pallet: 60

Ingredients

broccoli

Product Specifications

35% Head Material
65% Stalk Material

Allergen Statement

No ingredients associated with major food allergies are present, or used in the production line.

Storage

Store in freezer at 0°F (-18°C) or below. Keep frozen until ready to use. Do not refreeze after thawing.

Origin

Guatemala

Product Codes

Nutrition Facts

Serving size 1 cup (156g)

Amount Per Serving

Calories 40

% Daily Value*

Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 35mg	2%
Total Carbohydrate 8g	3%
Dietary Fiber 4g	14%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Sugar Alcohol 0g	
Protein 4g	8%
Vitamin D 0mcg	0%
Calcium 87mg	6%
Iron 1.5mg	8%
Potassium 331mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.