

UA6150

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Chana Masala Vegetarian



Nutrition Facts

servings per container
Serv. Size
1 tray (227g/8 oz)

Calories 530
per serving

Amount/Serving	% DV *	Amount/Serving	% DV *
Total Fat 11g	14%	Total Carb. 96g	35%
Sat. Fat 1g	5%	Fiber 10g	36%
Trans Fat 0g		Total Sugars 7g	
Cholest. 0mg	0%	Incl. 0g Added Sugars	0%
Sodium 560mg	24%	Protein 15g	
Vitamin D 0mcg 0% • Calcium 70mg 6% • Iron 2.9mg 15% Potassium 860mg 20%			

INGREDIENTS: Chana Masala (garbanzo beans, water, onion, diced tomatoes [tomatoes, tomato puree, sea salt, citric acid], tomato paste (vine ripened tomatoes), expeller-pressed canola oil, garlic [garlic, water, citric acid], salt, ginger, cumin, fenugreek leaves, mango powder, turmeric, cloves, cardamom, black pepper, coriander, smoked paprika, bay leaf, nutmeg, cinnamon, cayenne pepper), Basmati Rice (parboiled white basmati rice, water), Aloo Gobi Vegetables (cauliflower, russet potato, diced tomatoes [tomatoes, tomato puree, sea salt, citric acid], carrot, peas, green beans, expeller-pressed canola oil, ginger, garlic [garlic, water, citric acid], salt, cilantro, cumin, turmeric, coriander, cayenne pepper, black pepper, cardamom, cloves, nutmeg, cinnamon, bay leaf), Ginger Puree (ginger, citric acid), Minced Garlic (garlic, water, citric acid), Cilantro, Soybean Oil

CONTAINS: Soy

-FOOD SAFETY PARAMETERS					
	n	c	m (max)	M (max)	Unit
Aerobic Plate Count*	5	3	10,000	100,000	cfu/gram
Mold	5	3	100	1,000	cfu/gram
Yeast	5	3	100	10,000	cfu/gram
Bacillus cereus	5	3	1,000	10,000	cfu/gram
Clostridium perfringens	5	3	<100	10,000	cfu/gram
E. coli	5	3	<10	20	cfu/gram
Pathogenic E. coli	-	-	Negative	-	25 g
Salmonella spp.	-	-	Negative	-	25 g
L. monocytogenes	-	-	Negative	-	25 g
S. aureus	5	3	<10	100	cfu/gram
Campylobacter	-	-	Negative	-	25 g
Vibrio parahaemolyticus**	5	3	< 3	100	cfu/gram
*Not applicable to foods containing fresh fruits and/or vegetables or fermented/cultured products - limit is the specification limit for those ingredients					
**Relevant to seafoods only					

