

# 5083

KEEP FROZEN



## GROUND CHICKEN

85% Lean / 15% Fat

NET WT. 1 LB (16oz)

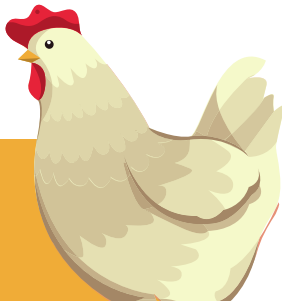
NO ADDITIVES  
ALL NATURAL  
GLUTEN FREE



MADE IN THE USA

# JR'S

GROUND CHICKEN



## Nutrition Facts

Servings per container varied

**Serving size** 4 oz (112g)

Amount per serving

**Calories** 160

% Daily Value\*

**Total Fat** 8g 3%

Saturated Fat 2g 50%

Trans Fat 0g

**Cholesterol** 105mg 15%

**Sodium** 55mg 4%

**Total Carbohydrate** 0g 0%

**Protein** 20g 60%

Calcium 60mg 5%

Iron 0.4mg 20%

Not a significant source of Dietary Fiber, Sugars, Vitamin A or Vitamin C.

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 1,000 calories a day is used for general nutrition advice.

## SAFE HANDLING INSTRUCTIONS

Some food products may contain bacteria that could cause illness if the product is mishandled or cooked improperly. For your protection, follow these safe handling instructions.



Keep refrigerated or frozen.  
Thaw in refrigerator or microwave.



Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after handling raw meat or poultry.



Cook thoroughly. Cook to 165° F or higher.



Keep hot foods hot. Refrigerate leftovers immediately or discard.

NFS