

Code: 33504

Preformed

Effective Date: 07/26/2021

Supersedes: 04/29/2021

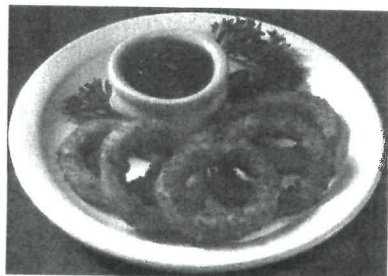
Product Name: Oven Ready Whole Grain Breaded Onion Rings

Serving Size: 2.69 oz

Pack: 6 / 5 lb bags

Each 2.69 oz serving of Whole Grain Breaded Onion Rings provides 1.0 oz eq grains and ¼ cup other vegetable.

Product Info



PREPARATION – for best results

Keep frozen until ready to prepare

1. Preheat convection oven to 425°F (conventional oven to 450°F).
2. Place frozen breaded onion rings on parchment lined full sheet pan.
3. Bake onion rings for 10 – 11 minutes until crispy (bake in conventional oven for 12 – 14 minutes). **Note: cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly to 165°F.**
4. Remove from oven. Serve.
5. Holding: Hold for up to 1 hour in a dry warmer at 145°F.

Nutrition Facts

Serving size 5 Pieces (77g)

Amount per serving

Calories 200

% Daily Value*

Total Fat 7g	9%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 30g	11%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 4g Added Sugars	8%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 1mg	6%
Potassium 120mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Shelf life:	15 months frozen (-10° - 15°F)
Ti-Hi:	8 x 6
Cases/pallet:	48
Case cube:	1.96 ft ³ ; Dimension: 19.875"x11.750"x14.500"
Pallet height:	92.50-in
Gross case wt:	31.00 lbs Net: 30.00 lbs
Pallets/truck:	28
UPC:	10652777002526
ALLERGENS:	Contains Egg, Milk, Soy, Wheat.
GRAINS:	At least 50% of the grains used in this product are whole grains

Onions, Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Corn Starch, Sugar, Contains Less Than 2% Of: Yellow Corn Flour, Onion Powder, Garlic Powder, Whey, Yeast, Modified Corn Starch, Spice, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Extractives Of Paprika, Guar Gum, Methylcellulose Gum, Soy Flour, Dried Whole Eggs, Calcium Chloride, Sodium Alginate, Salt, Soybean Oil. Prefried In Vegetable Oil (Soybean And/Or Canola)

CONTAINS: 178 – 2.69 OZ SERVINGS PER CASE
(5 ONION RINGS PER SERVING)

Skid – \$60.96
Case – \$62.96

Code: 33500

Product Name: Pre-Cooked Oven Ready WG Breaded Okra

Effective Date: 04/29/2021

Supersedes: 04/03/2020

Serving Size: 3.20 oz.

Pack: 6 / 5 lb bags

Statement of Child Nutrition Meal Pattern Equivalency: Each 3.20 oz. serving of Whole Grain Breaded Okra provides 1.0 oz eq grains and ¼ cup serving of other vegetable for the Child Nutrition Meal Pattern Requirements.

Product Info



PREPARATION – for best results

Keep frozen until ready to prepare

1. Preheat convection oven to 350°F (conventional oven to 400°F).
2. Place frozen okra on parchment lined sheet full sheet pan.
3. Bake okra for 11 – 13 minutes until crispy (bake in conventional oven for 14 – 15 minutes). **Note: cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly to 165°F.**
4. Remove from oven. Serve.
5. Holding: Hold for up to 1 hour in a dry warmer at 145°F.

Nutrition Facts

Serving Size 17 Pieces (91g)

Amount Per Serving

Calories 180 **Calories from Fat** 60

% Daily Value*

Total Fat 7g **11%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 220mg **9%**

Total Carbohydrate 24g **8%**

Dietary Fiber 4g **16%**

Sugars 2g

Protein 3g

Vitamin A 0% • **Vitamin C** 2%

Calcium 4% • **Iron** 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Shelf life: 15 months frozen (-10° - 0°F)

Dim: 15.75" x 11.875" x 13.5"

Ti-Hi: 10 x 6

Case cube: 1.46 ft³

Cases/pallet: 60

Pallet height: 91-inches

Gross wt: 31.00 lbs;

Net wt: 30.00 lbs

Pallets/truck: 28

UPC: 00852777002110

ALLERGENS: Contains Wheat, Soy, & Milk

Manufactured in a facility that also processes Egg

GRAINS: At least 50% of the grains used in this product are whole grains.

INGREDIENTS: Okra, Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Whole Grain Yellow Corn Flour, Contains Less than 2% of: Garlic Powder, Onion Powder, Whey, Modified Corn Starch, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Yeast, Guar Gum, Methylcellulose, Extractives of Paprika, Sugar, Salt, Soybean Oil.

CONTAINS: 150– 3.20 OZ SERVINGS PER CASE
(17 OVEN READY OKRA PER SERVING)

— SKID \$59.95
— case \$61.95

Product Name:

Breaded Jalapeno Poppers
With Cream Cheese / also cheddar

Serving Size: 3 oz.
Pack: 4 / 3 lb. Pouches

Nutrition Facts

Serving size 3 oz (85g)

Amount per serving

Calories 120

% Daily Value*

Total Fat 7g 9%

Saturated Fat 4g 20%

Trans Fat 0g

Cholesterol 20mg 7%

Sodium 290mg 13%

Total Carbohydrate 11g 4%

Dietary Fiber 1g 4%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 3g

Vitamin D 0mcg 0%

Calcium 20mg 2%

Iron 0.5mg 2%

Potassium 30mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation Instructions

Keep frozen until ready to prepare.

Please heat to 165°F internal.

Do not thaw or microwave.

Deep Fryer Instructions

1. Preheat oil to 350°F.

2. Remove Poppers from package.

3. Fry frozen Poppers for about 4 ½ minutes until thoroughly cooked.

4. Remove from hot oil and allow Poppers to stand 1 - 2 minutes before serving.

Use caution cheese will be hot.

Shelf life: 18 months frozen (-10° - 0°F)

Case Dim: 15.50" x 9.00" x 7.875"

Case Cube: 0.68 ft3

Ti-Hi: 13x8

Pallet: 104 cases

Gross case wt: 13.25 lbs

Net wt: 12.00 lbs

UPC

10852777007075

Ingredients: Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carob Bean Gum, Guar Gum), Jalapeno Peppers (Jalapeno Pepper, Water, Vinegar, Salt, Sodium Benzoate as a Preservative), Water, Wheat Flour, Yellow Corn Flour, Modified Corn Starch, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Dextrose, Yeast, Sugar, Leavening (Sodium Acid Pyrophosphate and Sodium Bicarbonate), Spices, Malted Barley Flour, Extractives of Turmeric, Paprika and Annatto.

Contains Milk & Wheat.

SKID price \$53.68

Case price \$55.68

CONTAINS: 4 / 3 LB POUCHES PER CASE
76166