



PRODUCT DETAIL SHEET

TITLE	Youngs Super Stars 250G
DESCRIPTION	Minced Atlantic Salmon, Minced Alaska Pollock and Potato Shapes in Breadcrumbs.
PRODUCT CODE	46016

INGREDIENTS LIST

WHEAT FLOUR, DEHYDRATED POTATO, MINCED SALMON, WATER, MINCED POLLOCK, SUNFLOWER OIL, CANOLA OIL, PALM OIL, SALT, YEAST, NATURAL FLAVORING (CONTAINS COCONUT OIL), POTATO STARCH.

CONTAINS COCONUT, POLLOCK, SALMON, WHEAT

Caution! Although extra care has been taken to remove all bones, some may remain.

Nutrition Facts

About 3.5 servings per container
Serving size 3 pieces (75g)

Amount per serving

Calories 190

% Daily Value*

Total Fat 8g 10%

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 15mg 5%

Sodium 240mg 10%

Total Carbohydrate 22g 8%

Dietary Fiber 1g **4%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 6g

Vit. D 0.6mcg 2% • Calcium 40mg 4%

Iron 0.6mg 4% • Potas. 190mg 4%



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COOKING INSTRUCTIONS – for best results cook from frozen

All cooking appliances vary. The following is a guideline only

For best results use conventional oven. Not suitable for microwave cooking. Due to difference in appliances, cooking times may vary and require adjustment.

Conventional Oven:

1. Pre-heat the oven to 400°F.
2. Remove all packaging.
3. Place the stars on a baking tray in the middle of the oven and bake for 13 minutes.

Deep Fry:

1. Pre-heat the oil to 350°F.
2. Remove all packaging.
3. Place the stars into the basket, separating to prevent from sticking.
4. Fry for 4 minutes at 350°F.